

Help us make a difference

Yes – I want to support the research being undertaken at the E.J. Whitten Foundation Prostate Cancer Research Centre at Epworth

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Epworth Medical Foundation
89 Bridge Road
Richmond VIC 3121 Australia
Phone: 03 9426 6132

Prostate cancer – do you know the facts?

MYTH: I should only have a check-up if I am over 65 years old

FACT: While prostate cancer is more commonly detected in men aged over 65, screening should commence for men aged much younger. Testing should commence for men in their 40s with a family history and at least at 50 otherwise.

MYTH: Prostate cancer doesn't impact a large number of men compared with other cancers

FACT: Unfortunately the number of men with prostate cancer is significant each year, it is one of the most commonly- diagnosed cancers in Australia.

MYTH: Prostate cancer treatments always lead to incontinence and decreased sexual function

FACT: Historically, many patients may have experienced incontinence and decreased sexual function following treatment. However with advances in research and technology, these symptoms are now much less common. In fact, only a tiny minority of patients experience significant continence issues whilst sexual function is based on age. With newer rehabilitation protocols after treatment, the rate of return of sexual function has never been better.



E.J. Whitten Foundation Prostate Cancer
Research Centre at Epworth



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About the Centre

The E.J. Whitten Foundation and Epworth HealthCare partnership brings together two of the biggest players in prostate cancer and urological research.

We share a vision to find and implement new clinical treatments for men with prostate cancer.

We want to help save men's lives.

And we will achieve this vision through the E.J. Whitten Foundation Prostate Cancer Research Centre at Epworth.

Launched in 2018, the Centre offers a dedicated team of researchers the facilities, equipment and support to undertake world-leading prostate cancer research.

What will the Centre mean for patients?

It wasn't so long ago that prostate cancer was seen as a life-ending disease. Thankfully as a result of medical and scientific research, clinical care has come a long way. Today many forms of prostate cancer are treatable and for some they are even curable.

The Centre's sole purpose is to bring the very best clinical teams together to research (and trial as appropriate) new treatment options for men diagnosed with this disease.

The team at the E.J. Whitten Prostate Cancer Research Centre at Epworth is working to find better health outcomes for all men with prostate cancer.

Multiple research projects run concurrently at the centre meaning various approaches to prostate cancer treatment are being tested and validated at the same time. This provides the very best opportunity for clinical breakthroughs to be uncovered.

How is this Centre different?

This centre is 100% funded by the generosity of the E.J. Whitten Foundation, Epworth and donors who share our vision to find better prostate cancer treatments.

Thanks to the ongoing generosity of our donors, the Centre offers a 'bench to bedside' approach to research. This means that research originates and is tested in a laboratory setting and then proactively trialled on patients as soon as possible. By having access to the Epworth HealthCare Human Research Ethics Committee (HREC) the Centre's projects are ethically reviewed and governed at every stage to ensure the principles, requirements and standards of research are upheld.

Epworth is also a part of the Clinical Trials Australia consortium which provides clinical trials opportunity for oncology and haematology patients to participate in the latest clinical trials and medicines.

About the Centre team

Led by Epworth Urologist Associate Professor Nathan Lawrentschuk, the dedicated Centre team consists of medical practitioners who understand the value of clinical research. Improved patient outcomes are the focus of all their research projects.

A/Prof Lawrentschuk has a particular interest in diagnosis and imaging of prostate cancer and is looking to clinical trials that offer suitable patients an aggressive treatment that combines the surgical removal of cancer affected lymph nodes and targeted radiotherapy treatment.

About E.J. Whitten Foundation

The E.J. Whitten Foundation was established in late 1995 in memory of the great E.J. Whitten, an iconic Australian Rules Footballer who transcended sport to become one of the most recognizable Australian personalities. E.J. used his high profile to give a public voice to prostate cancer awareness.

The E.J. Whitten Foundation carries on his legacy with a vision to inspire men to take charge of their health and to save lives.

Since 1995 we have passionately raised over \$12 million for men's health and prostate cancer awareness and research.

We are focussed and committed to spreading awareness of men's health matters and funding projects that save men from dying too young.

About Epworth HealthCare

Epworth HealthCare is Victoria's largest not-for-profit hospital group and one of the largest in Australia.

With nine sites in Metropolitan Melbourne and in Victoria's South West, Epworth is recognised for providing excellence in diagnosis, treatment, care and rehabilitation.

Providing care in 40 specialties, Epworth is an innovator in Australia's health system, embracing the latest in evidence-based medicine to pioneer treatments and services for our patients.

Would you like to support the work of the E.J. Whitten Foundation Prostate Cancer Research Centre at Epworth?

Without the ongoing support and belief of our supporters, the Centre will not be able to continue the life changing research being performed today.

This Centre is 100% donor funded.

You can be assured that every dollar raised goes to the Centre and the incredible research performed by our team.

Thank you for joining us on this fight to improve the outcomes of all men diagnosed with prostate cancer.

You are making a real difference.

